



IEHP UM Subcommittee Approved Authorization Guideline			
Guideline	Day Habilitation Programs	Guideline #	UM_CSS 12
		Original Effective Date	7/1/2023
Section	Community Support Services	Revision Date	6/6/2025
		Committee Approval Date	7/21/2025
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COVERAGE POLICY

- A. Day Habilitation Programs are provided in a Member's home or an out of home, non-facility setting. The programs are designed to assist the Member in acquiring, retaining, and improving self-help, socialization, and adaptive skills necessary to reside successfully in the person's natural environment. The services are often considered peer mentoring when provided by an unlicensed caregiver with the necessary training and supervision.
- B. Day Habilitation Programs are best suited for Individuals who are experiencing homelessness, individuals who exited homelessness and entered housing in the last 24 months, and individuals at risk of homelessness or institutionalization whose housing stability could be improved through participation in a day habilitation program.
- C. For Members experiencing homelessness who are receiving enhanced care management or other Community Supports, Day Habilitation Programs can provide a physical location for Members to meet with and engage with these providers. When possible, ECM and other Community Supports should be provided by the same entity that is providing Day Habilitation to minimize the number of care/case management transitions experienced by Members and to improve overall care coordination and management.
- D. Day Habilitation Program services include, but are not limited to, training on:
 1. The use of public transportation.
 2. Personal skills development in conflict resolution.
 3. Community participation.
 4. Developing and maintaining interpersonal relationships.
 5. Daily living skills (Cooking, cleaning, shopping, money management).
 6. Community resource awareness such as police, fire, or local services to support independence in the community.
- E. Programs may include assistance with, but not limited to, the following:
 1. Selecting and moving into a home;
 2. Locating and choosing suitable housemates;
 3. Locating household furnishing;
 4. Settling disputes with landlords;
 5. Managing personal financial affairs;
 6. Recruiting, screening, hiring, training, supervising, and dismissing personal attendants;
 7. Dealing with and responding appropriately to governmental agencies and

- personnel;
 - 8. Asserting civil and statutory rights through self-advocacy;
 - 9. Building and maintain interpersonal relationships, include a circle of support;
 - 10. Coordination with the Inland Empire Health Plan and link Member to any Community Supports and/or enhanced care management services for which the Member may be eligible;
 - 11. Providing a referral to non-Community Supports housing if Member does not meet eligibility criteria for Housing Transition Navigation Services, Housing Deposits, or Housing Tenancy and Sustaining Services
 - 12. Assistance with income and benefits advocacy including general assistance/ general relief and SSI if Member is not receiving these services through Community Supports or Enhanced Care Management; and
 - 13. Coordination with IEHP to link Member to health care, mental health services, substance use disorder services based on the individual needs of the Member. for Members who are not receiving this linkage through Community Supports or Enhanced Care Management.
- F. Members are eligible for Day Habilitation services when one of the following is met:
- 1. Meet HUD Definition of homeless; or
 - a. Signed Homeless attestation by Member must be received as part of documentation requirements
 - 2. Exited homelessness and entered housing in the last 24 months; or
 - 3. Meet HUD Definition of at risk of homelessness or at risk of institutionalization whose housing stability could be improved through participation in a Day Habilitation Program
- G. The Services provided should utilize best practices for Members who are experiencing homelessness or formerly experiencing homelessness including Housing First, Harm Reduction, Progressive Engagement, Motivational Interviewing, and Trauma-informed Care.
- H. Any request for an extension of Day Habilitation Services must include the following elements:
- 1. Documentation explaining why Member needs to continue services under Day Habilitation
 - 2. Documentation showing how Member's housing stability could be improved through participation in a Day Habilitation Program
 - 3. Documentation showing what services were provided to Member during the previous authorization period

COVERAGE LIMITATIONS AND EXCLUSIONS

- A. Community supports shall supplement and not supplant services by the Member through other state, local or federally funded programs.
- B. While receiving Day Habilitation Program services, Members needing assistance with housing-related services and supports should be referred for the Housing Trio.

DEFINITION OF TERMS

Institutionalization – the state of being placed or kept in a residential institution.

REFERENCES

State of California-Health and Human Services Agency, Department of Health Care Services
April 2025. Medi-Cal Community Supports, or In Lieu of Services (ILOS), Policy Guide.
Community Supports -Service Definitions

DISCLAIMER

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